

# sign the lyrics **You Raise Me Up**

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**You:** Point index finger out.

**Raise:** Hold out index finger and middle finger of L hand, palm down.  
Bring same fingers of R hand in an arch to land on top of those (L) fingers.

**Me:** Point to self.

**Up:** Point R index finger up and raise it.

**I:** Bring R hand to chest with only the L index finger extended.

**Can:** Both fists with thumbs slightly extended. Twist wrists so knuckles turn under.

**Stand:** Place separated index and middle fingers of R hand on palm of L hand like two legs standing.

**On:** Place R open hand on back of L open hand.

**Mountains:** Clench both fists at chin level, R slightly lower than left.  
Then raise and open them both.

**You raise me up...** (same as above)

**Walk:** Wave both hands (palms down) back in forth in front of you.

**On:** Place R open hand on back of L open hand.

**Stormy:** Point R index finger to cheek and then shake both fists back and forth in front of self.

**Seas:** Touch "W" fingers to chin and then wave both hands, palms down, as they move away from body like waves.

**I:** Bring R hand to chest with only the L index finger extended.

**Strong:** Clench both fists at chest level, knuckles toward body and then move them away from chest.

**When:** Circle R index finger around L index finger and end up with R index finger touching the top of the L.

**I (am) on**

**Your:** Point out.

**Shoulders:** Touch R hand to R shoulder twice.

**You raise me up...** (same as before)

**To:** Bring R index finger in an arch to the L index finger.

**More:** Bring all fingertips of both hands (fingers close together) to meet several times.

**Can:** Both fists with thumbs slightly extended, knuckles down, accent down once.

**Be (accomplish):** Twist both index fingers at head level up and out.